

Advice on coronavirus

Protect yourself and others

What can the shop do?



- Create routines for good hand hygiene
- As far as possible ensure that water and soap or hand sanitizer is accessible by all entrances
- Ensure that the employees make use of gloves when selling non-packaged groceries



- Ensure that employees with symptoms of infection do not come in to work
- Encourage shoppers to stay away if they have symptoms of infection



- Ensure proper venting in all rooms
- Clean thoroughly - at home and at work
- Focus on sanitizing phones, doorknobs, keyboards, tablets, tills etc.



- Encourage to keep sufficient distance to each others for example when shopping
- Ensure that only 1 person is granted entrance per 4 m2 in public spaces



- Ensure extra good hygiene in areas of cooking and arranging foods
- Limit the sharing of foods in e.g. crew rooms

What can I do?



- Wash your hands frequently or apply hand sanitizer
- Use gloves if going outside
- Cough and sneeze in your sleeve - not your hands



- Decrease physical contact (handshake, hugs, kisses)
- Avoid bigger crowds of people, including packed public transportation
- Avoid social activities that involves being close to others



- Ask others to be considerate
- Help each other to follow this advice

By following this advice, you can help stop the spread of the disease.