

New coronavirus

Protect yourself and others

New coronavirus typically spreads in places with many people e.g. through handshake and small drops from coughing and sneezing. Protect yourself and other with this advice.



Wash your hands frequently
or apply hand sanitizer



Cough or sneeze in your
sleeve - not you hands



Avoid handshakes, kisses
on the cheek and hugs -
limit the physical contact



Pay attention to proper
cleaning - at home and at
work



Keep a distance - ask others
to be considerate

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